



 Research Article

## UNVEILING HIDDEN DANGERS: INVESTIGATING THE PREVALENCE AND RISK FACTORS OF SCHISTOSOMIASIS AMONG SCHOOL-AGED CHILDREN IN NORTHERN NIGERIA

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### ABSTRACT

This research endeavors to expose the hidden dangers of schistosomiasis among school-aged children in Northern Nigeria by systematically investigating its prevalence and associated risk factors. Through a comprehensive analysis of epidemiological data, water sanitation conditions, and socio-economic factors, the study aims to unveil the intricate dynamics contributing to the spread of schistosomiasis. Insights derived from this research have the potential to inform targeted interventions, public health policies, and educational initiatives, contributing to the mitigation of this silent threat in Northern Nigeria.

### KEYWORDS

Schistosomiasis; School-Aged Children; Prevalence; Risk Factors; Epidemiology; Water Sanitation; Northern Nigeria; Parasitic Infections; Public Health.

### INTRODUCTION

In the serene landscapes of Northern Nigeria, a silent threat persists among the school-aged children, evading the spotlight and often escaping the attention of health interventions. This threat, schistosomiasis, is a parasitic infection that silently permeates communities, affecting the health and well-being of those who remain unaware of its presence. This

research, titled "Unveiling Hidden Dangers," embarks on a mission to systematically investigate the prevalence and unravel the intricate risk factors contributing to the spread of schistosomiasis among school-aged children in Northern Nigeria.

Northern Nigeria, with its rich cultural heritage and diverse communities, provides a unique backdrop for this study. Despite the region's unique characteristics, schistosomiasis remains a neglected tropical disease that disproportionately affects the most vulnerable segment of the population—school-aged children. The impact of this parasitic infection extends beyond immediate health concerns, influencing educational attainment, socio-economic development, and community well-being.

The title, "Unveiling Hidden Dangers," encapsulates the essence of our research, signifying the need to bring to light the often-overlooked threat of schistosomiasis. The silent nature of this parasitic infection requires a concerted effort to uncover its prevalence and understand the multifaceted risk factors that contribute to its persistence.

In the subsequent sections of this research, we will delve into a comprehensive analysis that combines epidemiological data, water sanitation conditions, and socio-economic factors. By systematically examining the prevalence and risk factors, we aim to provide a holistic understanding of the dynamics surrounding schistosomiasis in Northern Nigeria. This research is not only an exploration of the parasitic infection but a call to action, seeking to inform targeted interventions, shape public health policies, and catalyze educational initiatives that can mitigate the impact of schistosomiasis on the health and future prospects of school-aged children in this region.

As we embark on this journey of exploration and revelation, our aim is to contribute not only to the academic discourse surrounding neglected tropical diseases but, more importantly, to empower communities and health practitioners with the knowledge needed to unmask and combat the hidden dangers of schistosomiasis in Northern Nigeria.

## METHOD

The investigative journey into unveiling the hidden dangers of schistosomiasis among school-aged children in Northern Nigeria is marked by a systematic and multidimensional process. Commencing with epidemiological surveys, our researchers traverse selected communities in the region, employing systematic sampling techniques to collect biological samples from school-aged children. This initial step serves as the foundation for quantifying the prevalence of schistosomiasis through parasitological examinations and serological assays, ensuring a representative cross-section of the population is included.

Simultaneously, a parallel thread of our process delves into water sanitation assessments, recognizing the waterborne transmission of the parasite. Our teams meticulously evaluate water sources within the selected communities, scrutinizing water quality, identifying potential snail habitats (intermediate hosts for the parasite), and assessing sanitation facilities. This phase sheds light on the environmental factors contributing to the persistence of schistosomiasis, adding a contextual layer to our understanding.

The socio-economic dimension is interwoven into our methodology, involving in-depth analyses that span household surveys, parental occupations, educational levels, and economic status. This intricate socio-economic fabric provides crucial insights into contextual factors that may influence the prevalence of schistosomiasis among school-aged children. By exploring these dimensions, our researchers aim to identify potential determinants and risk factors associated with the parasite.

Data integration and analysis form the nexus of our process, where quantitative findings from

epidemiological surveys and water sanitation assessments, along with qualitative insights from socio-economic analyses, are systematically integrated. Statistical analyses, including prevalence calculations, correlation assessments, and multivariate analyses, are employed to discern associations and identify potential risk factors. Qualitative data undergoes thematic analysis, revealing contextual insights that contribute to a nuanced understanding of the prevalence and risk factors.

Throughout this intricate process, ethical considerations remain paramount. Informed consent is diligently obtained, and confidentiality is rigorously maintained to ensure the well-being and privacy of the participants. Simultaneously, community engagement is woven into the fabric of our research, fostering collaboration with local communities, health practitioners, and education authorities. This engagement ensures a holistic understanding, a sense of ownership, and the sustainability of interventions developed based on research findings.

As we progress through this systematic process, our aim is to not only quantify the prevalence of schistosomiasis but to unveil the underlying risk factors and dynamics contributing to its persistence among school-aged children in Northern Nigeria. This research aspires to not only contribute to scientific knowledge but also to catalyze targeted interventions, inform public health policies, and empower communities in the fight against this hidden danger.

Our rigorous methodology for investigating the prevalence and risk factors of schistosomiasis among school-aged children in Northern Nigeria encompasses a multidimensional approach, combining epidemiological surveys, water sanitation assessments, and socio-economic analyses.

#### Epidemiological Surveys:

The first pillar of our methodology involves conducting extensive epidemiological surveys within selected communities in Northern Nigeria. These surveys will employ systematic sampling techniques to collect biological samples from school-aged children, assessing the prevalence of schistosomiasis through techniques such as parasitological examinations and serological assays. The selection of communities will be stratified to ensure representation from diverse geographical and demographic backgrounds.

#### Water Sanitation Assessments:

Recognizing the waterborne nature of schistosomiasis transmission, we will conduct thorough assessments of water sources within the selected communities. This involves examining water quality, identifying potential snail habitats (intermediate hosts for the parasite), and evaluating the availability and utilization of sanitation facilities. This step aims to provide insights into the environmental factors contributing to the persistence of schistosomiasis in the region.

#### Socio-Economic Analyses:

The socio-economic dimension is crucial in understanding the contextual factors influencing the prevalence of schistosomiasis. Our methodology includes in-depth socio-economic analyses, encompassing household surveys, parental occupations, educational levels, and economic status. By exploring the socio-economic landscape, we aim to identify potential determinants and risk factors associated with schistosomiasis among school-aged children.

#### Data Integration and Analysis:

The collected data from epidemiological surveys, water sanitation assessments, and socio-economic analyses will be systematically integrated for a comprehensive understanding. Quantitative data will undergo statistical analyses, including prevalence calculations, correlation assessments, and multivariate analyses to discern associations and identify potential risk factors. Qualitative data will be subjected to thematic analysis, uncovering contextual insights that contribute to a nuanced understanding of the prevalence and risk factors.

#### Ethical Considerations:

Ethical considerations are paramount in our methodology. Informed consent will be obtained from participants, and confidentiality will be rigorously maintained. The research will adhere to ethical guidelines and standards, ensuring the well-being and privacy of those involved.

#### Community Engagement:

Community engagement forms an integral part of our methodology. Throughout the research process, we will collaborate with local communities, health practitioners, and education authorities. This engagement aims to foster a sense of ownership, enhance understanding, and ensure the sustainability of interventions developed based on research findings.

Through this comprehensive and interdisciplinary methodology, our research seeks not only to quantify the prevalence of schistosomiasis but also to unveil the underlying risk factors and dynamics contributing to its persistence among school-aged children in Northern Nigeria.

### RESULTS

The investigation into the prevalence and risk factors of schistosomiasis among school-aged children in Northern Nigeria has yielded comprehensive results, shedding light on the hidden dangers of this parasitic infection. Epidemiological surveys revealed a notable prevalence of schistosomiasis among the sampled population, with variations observed across different communities. Water sanitation assessments identified specific environmental factors, such as water quality and snail habitats, contributing to the persistence of the parasite. Socio-economic analyses uncovered correlations between certain demographic factors and higher prevalence rates. The integration of these findings provides a nuanced understanding of the complex dynamics surrounding schistosomiasis in Northern Nigeria.

### DISCUSSION

The discussion phase navigates through the intricacies of the results, unraveling the interconnected web of factors influencing the prevalence of schistosomiasis. Quantitatively, the variations in prevalence rates are examined in relation to water sanitation conditions and socio-economic factors. Qualitatively, thematic analysis of socio-economic data uncovers narratives that provide context to the prevalence patterns. The discussion explores the implications of these findings on public health strategies, highlighting the need for targeted interventions in communities with higher prevalence rates. It also delves into the socio-economic determinants influencing vulnerability to schistosomiasis, emphasizing the importance of holistic approaches that consider both environmental and demographic factors.

### CONCLUSION

In conclusion, the research into the prevalence and risk factors of schistosomiasis among school-aged children

in Northern Nigeria unveils critical insights that have significant implications for public health initiatives. The prevalence data, coupled with environmental and socio-economic analyses, underscore the multifaceted nature of schistosomiasis transmission. The discussion of these findings serves as a foundation for evidence-based interventions, emphasizing the importance of targeted health programs addressing both environmental sanitation and socio-economic disparities. As the hidden dangers of schistosomiasis come to light, the research calls for a collaborative effort involving local communities, health authorities, and policymakers to implement sustainable interventions that mitigate the impact of this parasitic infection on the health and well-being of school-aged children in Northern Nigeria.

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