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## Research Article

# WHY PASSION IS IMPORTANT IN OUR LIVES AND GIVING BACK TO THE SOCIETY

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Dr Umar Mohammed Ali

City University Cambodia Africa Campus, Lecturer Department of Business Administration, Cambodia

## ABSTRACT

The focus of this research is to see how passion plays a key role in our day to day affairs and also giving back to the society at large. Doing something you hate, or you are not happy doing makes you not give your best as compared to something you love to do. Therefore it is best to explore your own personality so that wherever you find yourself you will always give your best. The findings of this research show that being passionate about what we do makes us give back the best to the society at large.

## KEYWORDS

Passion, Important, Everything, Society, life, Giving Back.

## INTRODUCTION

Passion is very important in our lives, each and everyone of us gives back to the society in one way or the other. To become more responsible citizens who have to give back to our society, we can either be employees, employers or self-employed. Discovering our passion plays a vital role in giving back to our society as passion is very crucial in everything we do in our day-to-day affairs. In everything we do we have to be passionate about it as that improves overall

outcome. I quote the CEO of Rhirzha Scents “we make it with passion we give nothing but the best”. As an entrepreneur when passion comes in your mind first customer satisfaction comes first than profit maximization. Surely wanting to give the best in everything we do makes achieving overall goals and objectives easier in your business. Passion is a major driving force for any successful person in the universe. When you have passion in what you do it makes you stand

out among your competitors and make you outstanding where ever you find yourself.

### What is Passion

According to Merriam-Webster passion refers to a strong feeling of enthusiasm or excitement for something or about doing something. Passions are often something we would love to do constantly, sometimes our passion is something we would love to do for work. It is important to understand the distinction between passion and core values everyone has their own set of core values that guide them and shape how they feel about their work environment. Strong core values may include discipline, playfulness, learning, excellence and resilience.

### How to find your passion

Finding your passion is often interlinked with happiness and fulfillment on a more personal level; These will help you find your passion:

- Create personal vision statement.
- Determine your value.
- Find your true worth.
- Make list of things you love.
- Assess the things you don't love.
- Acknowledge your strength and achievements.
- Practice journaling.
- Embrace a mindfulness practice.
- Seek guidance from a coach.
- Surround yourself with people with similar passion.

### How to discover your passion

Discovering your passion is equally very important sometimes it is difficult to know what your passion are some of these will help you discover your passion:

- Start with the right perspective.
- Think about what you already enjoy doing.
- Explore ways to tie the things you like together.
- Breakdown your fears so you can overcome them.
- Find your right next step.
- Importance of living in your Passion
- Increased self-confidence:

You can achieve never-ending success only in the doing what you are passionate about. If you are passionate about your job, then you will be ready to fight all kinds of obstacles and obstructions coming in between your achievements. Passion accelerates your abilities and you are prepared to accept and win overall obstacles with creative solutions.

#### • Lowered stress level:

Having a passion in what you do is an excellent way to reduce work stress. This is because when you do work which you like, then not only your mind but even your entire body feels relaxed and pleased. So, instead of feeling stressed after completing the work, you feel relaxed, happy and satisfied with what you did the entire day

#### • Fulfillment in work:

If you are happy of roles and tasks that you are doing at your workplace, then surely, it will bring positivity and pleasantness within the entire environment. The environment at work is not improved with colored walls or green plants only, you have to feel passionate for tasks you are performing. Once you enjoy doing your work, then it will naturally bring positivity and alertness in the entire environment.

• **Mastery of work-life balance:**

There is no better feeling than crossing your own line of the bucket that you set for yourself then you reach a pinnacle in the end, then there is no more enjoyable feeling than that you achieve it for something that you love.

• **Fewer regrets later in life:**

When you do what you love doing, there is no window for regret in life as there will be nothing like I wish I knew I did this instead of that.

• **Personal growth:**

When you are passionate about what you do then you not only love doing it, but it seems interesting to you. You make sure that it is completed with full Doing the what you are passionate about is one of the most pleasing experiences. There are more highs and fewer lows, and each day seems more bright and interesting. Even your creative process is also enhanced and you tend to come up with better ideas. Doing a work that you enjoy helps enhancing your mental state and as a result, you come with more innovative and progressive ideas as compared to doing a job that seems dull and boring.

• **Expand your comfort zone:**

If you are happy of roles and tasks that you are doing, then surely, it will bring positivity and pleasantness within the entire environment. The environment at work is not improved with colored walls or green plants only, you have to feel passionate for tasks you are performing. Once you enjoy doing your work, then it will naturally bring positivity and giving back the best to the society at large.

• **Be grateful:**

Enjoy what you are doing this is really very important! If you wish to enjoy what you are doing, if you want to feel that you are utilizing your time and not wasting it, then it's essential that you fully enjoy it. And, this you can secure, only when you are passionate about the job. Bringing passion at work is the key to enjoy it endlessly

• **Reconnect with inner self:**

When you are sure you are the doing what you love that is your are passionate about what you do you find inner peace.

**Reason why passion is important**

• If you have an interest, others might as well, therefore you will find people with similar passion and together you can achieve a lot by giving back to the society the best.

• If you are passionate about something you will be able to sustain through difficult times, no matter the ups and downs you will not quit you will give you best by trying to overcome all hurdles.

• Passion gets you to do things necessary to grow and improve always.

## CONCLUSION

Passion can help us understand how we feel, think and act with regards to the world around us. Being passionate about what we do makes us do it with full precision, you surely excel as you will become very competitive as you are happy about what you do. Therefore, through this research people will be able to find their passion and give back to the society; the world will surely be a better place.

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